

Week 9 Meal Plan		
	LUNCH	DINNER
MONDAY	A Walnut Taco Salad	B Broccoli and Cheez Soup
TUESDAY	B Broccoli and Cheez Soup	C Roasted Mushroom Philly with Greens
WEDNESDAY	C Roasted Mushroom Philly with Greens	F Chimichangas
THURSDAY	D Smashed Cannellini & Cranberry Wraps	E Cristy's Pasta Fagioli
FRIDAY	A Walnut Taco Salad	F Chimichangas
SATURDAY	D Smashed Cannellini & Cranberry Wraps	G Jumbo Stuffed Shells
SUNDAY	G Jumbo Stuffed Shells	E Cristy's Pasta Fagioli
EXTRAS (OPTIONAL)	H Pumpkin Spice Muffin	I Not-Twix Bars