

Week 5 Meal Plan		
	LUNCH	DINNER
MONDAY	A Grilled Cheese and Avocado Sandwich	B Sundried Tomato Soup
TUESDAY	A Grilled Cheese and Avocado Sandwich	C Black Bean Tostadas
WEDNESDAY	C Black Bean Tostadas	B Sundried Tomato Soup
THURSDAY	D Buffalo Chickpea Salad Sammie	E Fettucine Alfredo
FRIDAY	E Fettucine Alfredo	F Sweet Potato and Black Bean Tacos
SATURDAY	D Buffalo Chickpea Salad Sammie	G General Tso's Tofu
SUNDAY	G General Tso's Tofu	F Sweet Potato and Black Bean Tacos
EXTRAS (OPTIONAL)	H Buffalo Cauliflower Wings	"I The Easiest Granola Bars"