

Week 12 Meal Plan		
	LUNCH	DINNER
<b>MONDAY</b>	A Tortugas	B Szechuan Noodles
<b>TUESDAY</b>	B Szechuan Noodles	C Texas Black Bean & Corn Chili
<b>WEDNESDAY</b>	A Tortugas	D Roasted Buffalo Cauliflower Mac N Cheese
<b>THURSDAY</b>	D Roasted Buffalo Cauliflower Mac N Cheese	C Texas Black Bean & Corn Chili
<b>FRIDAY</b>	E Black Bean Burgers	F Stroganoff'd Potato
<b>SATURDAY</b>	F Stroganoff'd Potato	G Cajun Gumbo
<b>SUNDAY</b>	G Cajun Gumbo	E Black Bean Burgers
<b>EXTRAS (OPTIONAL)</b>	H Mac N Cheez Stuffed Jalapeno Poppers	I Healthy(er) Snickers